

RVBLC Lions Tracks

September 2010



Coming Up - September

- 1 – Regular Meeting
- 8 – Board/Fund Raising Meeting
- 11 – WalMart/Hunting Hills – White Cane – sign up sheet below
- 12 – Picnic at Lion Cliff’s House – Info at next meeting
- 15 – Regular Meeting
- 19 – Eyeglass Recycling
- 26 – JDRF Walk

October

- 9 – Kroger Towers – White Cane – sign up sheet at next meeting

Lion District Governor Bernice Leftwich was our speaker on August 4. She wants all clubs in her district to do community service and vision projects and to include youth. DG Bernice presented Distinguished Service Awards to **Lion Leonard** for all he has done in fund raising and to **Lion Ellen** for her “tireless work as fund raising champion.”

Also at the August 4 meeting **Lion Eulah** read a short inspiring piece called “Beacon of Hope” which reminds us of why we are Lions.

Lion Bruce gave a report on Lions at the Rescue Mission and admitted that he is no chicken butcher.

We received a nice letter from Annette Nicely, RN, for donating for an Otoscope for Central Academy Middle School so that children’s hearing can be tested.

All Lions look forward to getting to know our new member, **Lion Esther Lamar**.

We were glad to see **Lion Songleader Ken** back so soon after having a heart attack. They put in a stint, but better musical vocal cords would not have been covered by insurance.

Lion Mary Ann broke her knee and is recovering. She told the Lions that the wine she drank had nothing to do with the accident. Now that I have said this in the newsletter she might push me off the same wall at the picnic.

Bring in any aluminum cans to **Lion Bruce** by the September 15 meeting and he will donate any recycling money raised to JDRF.

Below is the sign-up sheet for Lions at the **White Cane Day, September 11 @ Hunting Hills Walmart**. As you can see, the sheet is full, but please show up if you can even if you did not sign up. This is a major fundraiser, and the more Lions helping the better. The sheet will be at the next meeting for corrections because I could not understand what some of the arrows meant. Does anyone have any folding lawn chairs we can use? I will make sure to bring them home afterwards.

White Cane – Sept 11

Lions	Time
Lion Leonard	9 - 11
Lion Ken	9 - 11
Lion George	9 - 11
Lion Linda	9 - 11
Lion Bates	11 - 1
Lion Marvin	11 - 1
Lion Cliff	11 - 1
Lion Ellen	11 - 1
Lion Lew	1 - 3
Lion Esther	1 - 3
Lion Spurgeon	1 - 3
Lion Glenn	1 - 3
Lion Wanda	3 - 5
Lion Glenn	3 - 5
Lion Jerry	3 - 5
Lion Bonnie	3 - 5



Lion Bruce was our Diabetes Awareness Speaker at the last meeting. He wants to remind all Lions of Diabetes' Warning Signs.

- Increased thirst
- Increased hunger (especially after eating)
- Dry mouth
- Frequent urination
- Unexplained weight loss (even though you are eating and feel hungry)
- Fatigue (weak, tired feeling)
- Blurred vision
- Headaches
- Loss of consciousness (rare)

Its Great to be a Lion

Lion Glenn